

# Supporting 26 Local Charities



#26MilesFor26Charities

# Duncan Baker MP

Going the Extra Mile for North Norfolk

#26MilesFor26Charities



This summer I'll be on tour again, **meeting constituents** right across North Norfolk.

But I'll also be training hard for the London Marathon, where I'll be raising **£26,000 for 26 North Norfolk charities** - giving £1000 to each charity.

Your support will mean so much to the groups and organisations who work so hard to help others in the local area. Thank you!

## To donate:

- Visit [uk.virginmoneygiving.com/DuncanBakerMP](http://uk.virginmoneygiving.com/DuncanBakerMP)
- or scan the QR code:
- or send a cheque made payable to 'Norfolk Community Foundation' to **FREEPOST Duncan Baker** (no stamp needed!)



*giftaid it*  
If you're a UK taxpayer you can **boost your donation** by 25p of Gift Aid for every £1 you donate. Simply fill in the form opposite and enclose it with your cheque. If you're donating via Virgin Money Giving, you will be given the option to Gift Aid your donation.

## To follow my journey:

- Keep in touch with my marathon training at [duncanbaker.org.uk/marathon](http://duncanbaker.org.uk/marathon)
- Follow me on social media: search **#26MilesFor26Charities**

In order to Gift Aid your donation you must tick the box below:

I want to Gift aid my donation of £  to Norfolk Community Foundation

*I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.*

Name

Home address

Postcode

Date

*Please remember to enclose this form with your cheque, which should be made payable to 'Norfolk Community Foundation'. Send it to FREEPOST Duncan Baker (no stamp needed).*

## Summer Constituency Tour 2021



# What I've been up to



## Climate Change

I've argued successfully for a rethink of the government's policy on offshore wind farms, with a new strategy now being adopted which will protect our countryside from the intrusive and damaging effects of cable corridors. I am part of the Environmental Audit Select Committee, working hard to help the UK achieve its ambitious Net Zero targets, drive our Green Industrial Revolution, and ensure we retain our place as a world leader in tackling climate change.



## Health

Norfolk has one of the fastest vaccination rates in the country, with over 80% of our population now having received first doses. I'm arguing strongly for new services at Cromer Hospital, and am delighted that our campaigning has resulted in new mental health services being offered in GP surgeries from May onwards. I'm working for better recognition for our carers, faster treatment for stroke victims, and an improvement in ambulance response times.



## Rural Issues

Earlier this year I launched my campaign in Parliament for a Banking Services (Post Offices) Bill: which will protect residents from the closure of High Street bank branches by ensuring alternative facilities are already provided at local Post Offices. I continue to argue for better broadband and mobile phone coverage and am pleased the government has now launched its high-speed internet project, "Project Gigabit". I'm also fighting hard for the Post Office workers wrongly prosecuted for theft.



## Pet Theft

Pets are members of the family - and it's understandable that so many constituents are concerned about the rise in this appalling crime. The government is setting up a Pet Theft Taskforce to look into how to reduce and prevent thefts of our beloved animals, and to consider how offenders should be dealt with by the courts in order to deter others from stealing our best friends from us.



## Covid Recovery

Since the vaccination programme began, I've been advocating for unpaid carers to be given priority for vaccines. North Norfolk has had one of the lowest case rates in the country, thanks to local people playing their part and sticking to the rules. Now, as the East of England Business Ambassador, I want to see our businesses supported to recover from the effects of the pandemic. I also want to see our young carers put first in the allocation of funding to support young people with their education.



## Farming & Fishing

I am working closely with the National Farmers' Union, and with local farmers and fishermen to develop sustainable agriculture and fishing. Many farmers are now adopting Regenerative Farming methods to protect soil health and increase their crop yield without adversely affecting the environment. The government's new Advanced Research & Technology Agency will also play a vital part in bringing the best of technology to our food production and distribution.

# Summer Tour Dates



## Constituency Surgeries

If you have a specific issue or concern you'd like to discuss, please book an appointment for one of my constituency surgeries. Please note: you must be a North Norfolk constituent for me to help you.

- **Cromer:** Saturday 24th July
- **Sheringham:** Wednesday 28th July
- **Hoveton:** Friday 30th July
- **Wells:** Monday 2nd August
- **North Walsham:** Sunday 8th August
- **Stalham:** Sunday 15th August
- **Holt:** Saturday 21st August

To book an appointment, please phone **01692 557140** or visit [duncanbaker.org.uk/surgeries](http://duncanbaker.org.uk/surgeries)



## Summer Tour

I'll be visiting as many residents as I can over the summer break. Do say hello if you see me!

Friday 23rd July / Saturday 24th July  
Gresham, West Runton, East Runton, Cromer

Tuesday 27th July / Wednesday 28th July  
Saxthorpe, Briston, Sheringham

Friday 30th July / Saturday 31st July / Monday 2nd August  
Hoveton, Binham, Holkham, Wells

Thursday 5th August / Friday 6th August / Tuesday 10th August  
Aldborough, Erpingham, Felmingham, Worstead, Swanton Abbott

Thursday 12th August / Friday 13th August / Sunday 15th August  
Mundesley, Sea Palling, Ludham, Potter Heigham, Hickling, Stalham

Thursday 19th August / Friday 20th August / Saturday 21st August  
Blakeney, Cley, Hunworth, Stody, Letheringsett, Holt

Tuesday 24th August / Wednesday 25th August / Thursday 26th August  
Skeyton, North Walsham, Southrepps, Northrepps, Overstrand

# London Marathon



**On Sunday 3rd October, I'll be running the London Marathon, to raise a total of £26,000 for 26 North Norfolk charities\* nominated by you, the people of North Norfolk. I'm delighted to be working with Norfolk Community Foundation to support the amazing groups and organisations which do so much to help their local communities thrive and flourish in our beautiful home.**

**The chosen charities I'll be supporting are:** Little Lifts • Norfolk Coast Riding for the Disabled • North Norfolk Astronomy Society • MacMillan Cancer Unit at Cromer Hospital • Holt Youth Project • Wild Touch Wildlife Centre • North Norfolk Foodbank • Stalham Community Gym • Sheringham & Cromer Choral Society • Motor Neurone Disease Association • Fitzroy Support at Home • Cromer Youth & Skate Park Charity • Holt & District Dementia Support • Wells Community Hospital • RNLI • The Treehouse • North Norfolk Cats Lifeline Trust • Aldborough Village Care Scheme • Ladybird Pre-School Nursery • Sheringham Little Theatre • Friends of Roughton School • Canaan Christian Trust • DEBRA • East Anglian Children's Hospices • East Anglian Air Ambulance • Thornage Hall Independent Living. Over the page, you can find out more about how to get involved, support my running journey, and donate to the fundraising appeal.

(\*All the chosen charities are based in North Norfolk or carry out charitable work in our constituency.)



Let me know what you think about these and other local issues:

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